



HEALTH EXPO

ĀTI AWA
TOA HAUORA
PARTNERSHIP BOARD



November 2025

Abstract

This survey was carried out at Strathmore Community Centre Health Expo to understand community perspectives on local health services and wellbeing. It explored people's experiences accessing care, cultural needs, and what they believe makes a good health service for Māori.

EXCITING HEALTH SERVICES

- * BLOOD PRESSURE CHECKS
- * DIABETES SCREENING
- * IMMUNISATION SERVICES
- * HEART FOUNDATION
- * HEP C TESTING
- * BEE HEALTHY
- * PLUNKET SERVICES
- * BREAST & BOWEL SCREENING AND MORE!

FREE

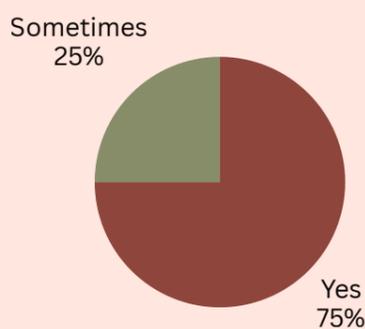
Introduction

Participants shared information about who they are, the services they use, and their priorities for whānau and community health. The findings highlight what is working well and where improvements are needed to ensure services are culturally responsive, accessible, and effective for everyone.

? What does a good health service for Māori look like to you?

- "Respectful and being listened to."
- "Free, friendly and focused."
- "Equal - cultural needs are met i.e. karakia, manaakitanga, aroha, like Māori services."
- "Providing cultural spaces for other things like kapa haka, social gatherings."

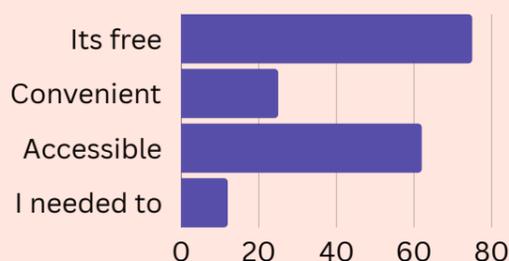
? When accessing health services are your cultural needs met?



? What are your main worries?

- "Worries over - after 3 years finally have good connections through Te Whare Marie."
- "Not enough time with the doctors in dealing with all my needs"
- 'Appointment times, being able to accurately communicate issues, being listened to"
- "Their addictions, mamae, their trauma that they haven't tapped into."

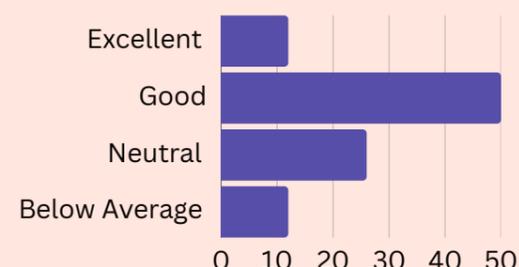
? Why did you chose to come here today?



? What is missing or could be done better in your community?

- "Advocacy, support for neurodivergent."
- "More Māori GPs"
- "People being looked after not only in terms of medicine but also including individual, collective and community values."
- "More advocacy for our drug addicts, there's not enough support and pūtea, and its not prioritised and it gets mixed up with mental dysphorias"
- "Support for young people navigating the public sector, mentoring, training and social support."

? How would you rate health care services in your area?



Demographics

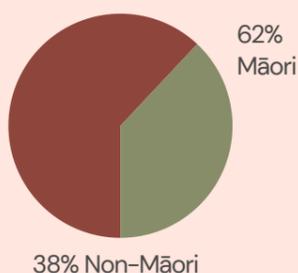
Residence

88% Wellington City
12% Porirua

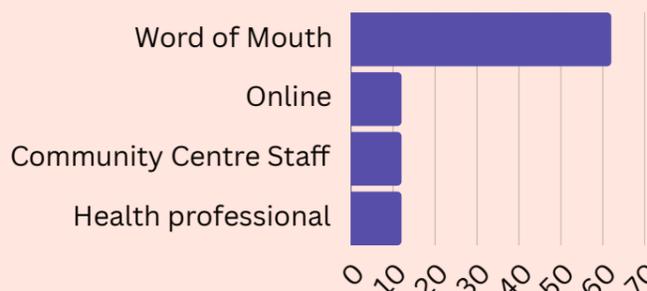
Age Distribution

25% from each age group:
Under 18; 25-44; 45-54; 55-64

Ethnicity



? How did you find out about this event?



Methodology

Analysis

Thematic
Quantitative

Data Collection

Video
Paper
Online

Summary

Community feedback from the Strathmore Health Expo shows that local, free and accessible services encourage engagement with health services. While most are enrolled with doctors, many feel health care services only sometimes meets their needs. People want more time with providers, greater access to mental health, addictions and social supports, and a stronger focus on Māori-led or community-based supports that reflect manaakitanga and collective wellbeing. These insights highlight that meaningful relationships and culturally grounded care are essential for better health outcomes.